

Holy Angels School



Parent & Student-Athlete Handbook 2008-2009

PHILOSOPHY

Holy Angels' athletic program is aimed at promoting the emotional growth of our students by maintaining a competitive athletic program which stresses fundamentals, Christian behavior and sportsmanship, individual effort and teamwork, participation and fair competition.

Welcome to the 2008-2009 athletic season at Holy Angels Elementary School. Holy Angels School continues to expand its athletic program, and with the participation of our student-athletes and their parents, a strong sense of community continues to build our school family. We expect that all student-athletes, parents and coaches embrace the school's commitment to good sportsmanship, citizenship and fair play. This handbook provides the goals and objectives, along with the responsibilities and expectations of coaches, parents and student-athletes while actively involved in our athletic program.

Please read this handbook and review it with your child. It is our desire that we are in agreement regarding the priorities and polices of Holy Angels athletics as we start the 2008-2009 school year.

Go Angels!

Holy Angels Athletics
20 Reiner Street
Colma, CA 94014
(650) 755-0220

Sr. Leonarda Montcalto, O.P. – Principal

Mrs. Kathi Lee – Vice Principal (Grades 5-8)

Mrs. Mary Corral – Vice Principal (Grades K-4)

Mrs. Barbara Reich – Administrative Assistant

Mr. Patrick Calma – Director of Athletics

Sports Programs:

Fall (September-November) – * Girls’ Volleyball (Grades 3-8 CYO)

*** Co-Ed Flag Football (Grades 3-8 Daly City Park & Rec.)**

Winter (December-March) - * Boys’ basketball (Grades 3-8 CYO and Daly City Park & Rec.)

(December-May) - * Girls’ basketball (Grades 3-8 CYO and Daly City Park & Rec.)

Spring (April-June) - * Farm League Baseball (Co-Ed Grades 1-3 Daly City Park & Rec.)

*** Baseball/Softball (Grades 4-8 Daly City Park & Rec.)**

SPORTSMANSHIP CODE:

To practice true good sportsmanship, we must play fair, of taking defeat without any complaint or victory without gloating and treating opponents and officials with fairness, generosity, courtesy and respect.

EXPECTATIONS:

The overall success of Holy Angels’ athletic program depends on the commitment and communication of all involved. Fulfillment of expectations by student-athletes, parents, coaches, spectators and school personnel is essential if Holy Angels student-athletes are to realize the values of athletic participation.

Holy Angels School is committed in providing a sportsmanlike environment for all student-athletes, coaches, parents and other spectators. A good sport can take a defeat without any complaint and/or a victory without gloating. The Code of Ethics and consequences of inappropriate behavior apply to any participant and/or spectator at any and all athletic competitions.

Thank you for your help and cooperation in working together.

The student-athlete at Holy Angels School shall...

1. Be a worthy representative of teammates and coaches, following all school expectations and policies and reflecting the team values of commitment and hard work.
2. Accept the responsibilities of team membership: cooperation, support of my teammates, shared responsibilities, positive interaction and mutual respect.
3. Make time to succeed both in the classroom academically and the athletic arena.
4. Remember academic comes first. You must meet and submit all class work/homework assignments requirements given by all your instructors.
5. Reflect in the knowledge that commitment to victory is nothing without the commitment to hard work in practice.
6. Attend every team practice. If a student-athlete is excessively absent (excused or unexcused) from team practices during the week and the coach feels it would be beneficial for this particular student-athlete to not participate due to being unprepared in the upcoming team's weekend game(s), the coach may sit out this particular student-athlete with the consultation of the school principal, administrative leadership team and athletic director.
7. Inform the coach in advance if he or she is unable to attend any practice sessions and or games. Informing the coach of an absence shows courtesy and respect.
8. Lead by example.
9. Realize a commitment to athletics has been made. Student-athletes must balance their participation in Holy Angels athletics with other commitments they may have outside of school.
10. Follow the discipline/behavior guidelines in Holy Angels Parent/Student handbook before, during and after all athletic activities (games, practices and team meetings). Coaches are teachers and as such will be given the same respect. Any disrespect during athletic activities will be referred to the Principal's office and dealt with accordingly.
11. Treat all teammates, opponents, referees and coaches with respect and courtesy at all times. Engaging in any unsportsmanlike conduct and inappropriate behavior will not be tolerated.
12. Play hard, give your best effort and have fun.

The parent of a student-athlete at Holy Angels School shall...

1. Attend the athletic parent meetings before the start of the season or forfeit the right of their child in participating in the athletic program unless a make up meeting is scheduled with the athletic director and/or school principal.
2. Be a fan of everyone on the team.
3. Respect the decisions of officials, other fans and the opposition.
4. Work with other parents and school personnel to assure a wholesome and successful athletic program for Holy Angels School.
5. Ensure timely transportation for the student-athlete before and after a sporting event.
6. Be encouraged **NOT** to attend team practices. Too often parents become distractions to their children and the coaching staff. (Parent and/or family members may attend **ONLY** the final 15 minutes of a teams' practice session.) Team coaches need to have quality time with the student-athletes to prepare and

- train for their respective sport and upcoming league games. In addition, since teams have limited practice time at a CYO gym facility, coaches can fully maximize their practice times.
7. Refrain from coaching my child or other players during games so I will not be a distraction to them.
 8. Monitor the behavior of the people (family members, friends, etc.) attending the athletic event with them. My guests and I will not engage in any form of unsportsmanlike conduct with any official, coach or player or parent such as booing and taunting, or using profane language or gestures.
 9. Remain in the designated spectator areas throughout the game.
 10. Provide positive reinforcement to all student-athletes and coaches.
 11. Speak with my child's coach(es) at an agreed time and place if I have a concern. If I have further concerns beyond my conversations with the coach(es), I will contact my child's Athletic Director.
 12. Work with other parents and school personnel to assure a wholesome and successful athletic program for the school.

The coach at Holy Angels School shall...

1. Complete proper fingerprinting, background checks and online training as determined by the Catholic Youth Organization (CYO), Daly City Parks & Rec and Holy Angels School.
2. Set a good example and be a positive role model for players and spectators to follow.
3. Be fair, positive and consistent with student-athletes.
4. Establish and organize team practices where there is a balance between building the student-athletes' stamina as well as developing the fundamentals/basics of the game.
5. Teach the student-athletes the fundamentals and rules of the game.
6. Encourage teamwork at all times.
7. Communicate with the student-athletes and their parents.
8. Be responsible for the discipline of the team according to the rules of Holy Angels School.
9. Be knowledgeable in the rules of the sport he or she is coaching and teach these rules to the student-athletes of the team.
10. Protect the confidentiality of student-athletes with regard to academic grades, family situations and personal issues.
11. Have a clearly stated practice and attendance policy that is implemented and enforced fairly.
12. Control the behavior of their players, coaching staff, parents and spectators during all athletic activities.
13. Refrain from making negative comments and actions towards league officials and/or referees.
14. Attend all necessary coaches' meetings associated with Holy Angels School, CYO (Catholic Youth Organization) and Daly City Park and Rec. before the start of the season.

15. Review and practice the necessary first-aid principles needed to treat the injuries of the student-athletes.
16. Remember he or she is a youth coach, and that the game is for the children and not adults.

***** NOTE:** All **HEAD COACHES** shall be at least 18 years of age in order to be eligible to coach a team.

The Holy Angels School Director of Athletics and school administration shall...

1. Assign and evaluate all head and assistant coaches for each sport.
2. Provide all of the necessary equipment for the coaching staff.
3. Assist in the planning of the end of the season awards.
4. Support coaches and uphold the guidelines for student-athletes, parents, and spectators.

ACADEMIC POLICES

A student-athlete is placed on academic probation if his or her academic grades fall below an overall grade point average (GPA) of a 2.0 (C average) in the core subjects (religion, reading, English, phonics/spelling, math, social studies and science) when the progress and/or report cards are given out. PE, music, art, handwriting and dance classes are not part of the academic core subjects. The student-athlete is on academic probation until the next grading period (report card and/or progress report), at which time they can be eligible to be taken off academic probation if his/her GPA is a minimum of a 2.0. Until then, the student-athlete will not be allowed to participate during any of the team's games; however, the student-athlete may continue to practice with the team.

School Attendance

A student-athlete is not allowed to participate in any of his or her team's weekend games if they are absent from school on any given Friday that school is in session. If a student is absent from school on a particular Friday, it is the student's responsibility to inform the coach of his or her absence from a scheduled athletic event.

Homework/Class work

It is imperative student-athletes learn and use their time-management skills. Student-athletes must balance their time to complete all homework and academic requirements given by his or her instructors in order for them to participate in the athletic programs at Holy Angels School. Parents are strongly encouraged to discuss time management skills with their children and to help structure their children's day in order to achieve success in all areas.

BEHAVIOR WHILE OFF SCHOOL CAMPUS

Student-athletes are representing Holy Angels School every time they leave campus. Students are reminded that, whenever they wear clothing identifying them as Holy Angels students, their words and actions, affect the public perception of the school. It is of the utmost importance that all student-athletes behave accordingly. Student-athletes

are expected to refrain from inappropriate language at all times. In appropriate language is defined as the following:

- Any words normally deemed racist or sexist.
- Any language that is used to incite or provoke others.
- Any language that is disrespectful to other.

While on the campus of another school, student-athletes are expected to use common courtesy and follow all Holy Angels School guidelines for discipline and behavior.

COMMUNICATION

Complaints

If a concern or complaint arises from a parent, this particular parent should first directly speak with the coach of their child and look to resolve any issues before attempting to contact a school administrator. However, if an athlete, parent or coach is uncomfortable meeting alone, he or she may request the presence of an administrator.

Communication regarding student-athlete attendance

Each student-athlete and/or parent is expected to communicate directly with his or her coach regarding the need to miss a team practice or game. Direct communication is considered face-to-face communication, a hand written note, an email or a phone call.

Confidentiality

Every effort will be made to keep personal issues and conversations confidential. With that being said, the information will only be kept if it in no way relates to the student-athlete hurting himself or herself or another person. If one's life, health, or safety is in danger, a coach, counselor, school administrator and/or Director of Athletics must be notified immediately. In addition, Holy Angels athletic department abides by the child abuse reporting statutes of California.

EJECTIONS FROM LEAGUE GAMES

1. Any student-athlete and/or coach who are ejected from a game will not be allowed to participate in the team's next scheduled league game.
2. Any student-athlete and/or coach who are ejected from two (2) or more league games during the same season will be asked to step down from the team and no longer be a participant of that particular team for the remainder of the season.
3. The assistant coach or a suitable replacement will then be assigned to coach the team until the conclusion of the season.

FINANCIAL OBLIGATIONS & FEES

The athletic department provides each team with the proper equipment required for the particular sport. With the exception of girls' volleyball uniforms, all uniforms purchased will be kept by the student-athlete.

All athletic participation and/or uniform fees need to be paid before the start of each sport season unless a financial agreement has been discussed with the athletic director and/or school administrator. A student-athlete forfeits their rights to participate in a sport if communication has not been made by the start of the first league game.

Every effort will be made to minimize costs associated with the participation in CYO (Catholic Youth Organization) and/or Daly City Park & Rec. fees.

TEAM ATTENDANCE POLICIES

It is expected all student-athletes of Holy Angels School to attend all team practices and games for their particular sport. Holy Angels School athletic department supports and works to maximize the dedication of each individual student-athlete. Success can only be obtained with a complete commitment from every coach, student-athlete and their families.

Student-athletes can be suspended from one or more schedule league games at the discretion of the coach and with the consultation of the school principal, administrative leadership team and Director of Athletics for missing too many team practices whether they are excused or unexcused absences. In addition, student-athletes may be suspended from playing in a league game for disciplinary reasons.

Absences due to detention or extra-curricular activities

Any school detention issued to a student-athlete by a Holy Angels faculty/staff member due to academic or discipline behavior takes precedent over team practices and games.

Any school related extra curricular activity such as praise dance, band, choir practices, etc. take precedent over team practices and games.

USE OF EQUIPMENT

Athletic equipment purchased by Holy Angels School and provided to the student-athletes for use should be handled with extreme care. Any equipment lost or damaged will be paid for and replaced by the student-athlete and their families.

ELASTIC CLAUSE

The Director of Athletics reserves the right to amend, suspend, or add any new rules or guidelines to the aforementioned disciplinary policies in consultation and discretion with the school principal and Administrative Leadership Team. Furthermore, the Administration reserves the right to enforce standards of conduct and discipline not mentioned in this Parent/Student-Athlete Handbook or the Holy Angels School Parent-Student Handbook. Any amendments would be for just cause and all parents would be promptly notified of such changes.



**HOLY ANGELS SCHOOL
PARENT & STUDENT-ATHLETE HANDBOOK
2008-2009
AGREEMENT**

We have clearly reviewed the Parent & Student-Athlete Athletic Handbook for the 2008-2009 School year and agree to abide to all of the policies and provisions stated.

We understand our responsibilities as parents and student-athletes and will do our best to help promote and maintain a competitive athletic program stressing fundamentals, Christian behavior and sportsmanship, individual effort and teamwork, participation and fair competition.

Student-Athlete's Name _____ Grade _____

Student-Athlete's Name _____ Grade _____

Student-Athlete's Name _____ Grade _____

Parent/Guardian Signature _____ Date _____

Parent/Guardian Signature _____ Date _____